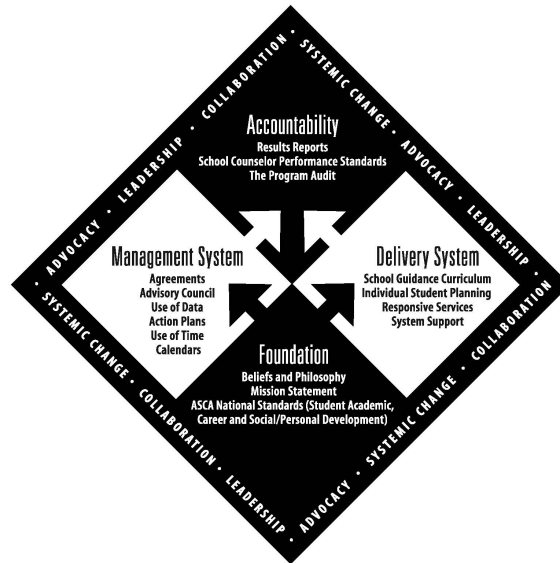


# WELCOME!

WELCOME TO THE DANVILLE SCHOOL! MY NAME IS PAM CUSHMAN AND I AM EXCITED TO WORK AS THE ELEMENTARY SCHOOL GUIDANCE COUNSELOR. I ENJOY WORKING WITH CHILDREN AND BEING AN ADVOCATE FOR THEIR WELLBEING!

BEFORE BECOMING A SCHOOL GUIDANCE COUNSELOR I WAS IN ELEMENTARY EDUCATION FOR 14 YEARS. DURING THAT TIME I TAUGHT 2ND, 3RD, AND 4TH GRADE.

I RECEIVED 2 UNDERGRADUATE DEGREES FROM JOHNSON STATE COLLEGE, ONE IN ELEMENTARY EDUCATION AND ONE IN ANTHROPOLOGY AND SOCIOLOGY. I ALSO RECEIVED MY MASTERS DEGREE IN COUNSELING AT JOHNSON STATE COLLEGE.



THE DANVILLE ELEMENTARY COUNSELING PROGRAM ALIGNS WITH THE AMERICAN SCHOOL COUNSELOR ASSOCIATION (ASCA) NATIONAL MODEL FOR COMPREHENSIVE SCHOOL COUNSELING

## MISSION STATEMENT:

THE MISSION OF THE DANVILLE ELEMENTARY SCHOOL COUNSELING PROGRAM IS TO PROVIDE A COMPREHENSIVE DEVELOPMENTAL PROGRAM THAT ADDRESSES THE PERSONAL/SOCIAL, ACADEMIC, AND CAREER NEEDS OF ALL STUDENTS. IN PARTNERSHIP WITH OTHER EDUCATORS, PARENTS AND THE COMMUNITY TO PROMOTE SUCCESS IN SCHOOL, ENCOURAGING EMPATHETIC, CRITICAL THINKING AND RESPONSIBLE CITIZENSHIP IN A GLOBAL SOCIETY.

# DANVILLE SCHOOL

## ELEMENTARY GUIDANCE



THE DANVILLE SCHOOL IS DEDICATED TO EDUCATIONAL EXCELLENCE THROUGH CHALLENGING AND ENRICHING EXPERIENCES FOR ALL, IN A SAFE AND CARING COMMUNITY.

Pam Cushman  
School Guidance Counselor  
Danville School  
148 Peacham Road  
Danville, Vt 05828  
802-684-3651  
[pcushman@danvillek12vt.us](mailto:pcushman@danvillek12vt.us)

## WHY DO WE HAVE A SCHOOL COUNSELOR?

- TO PROMOTE A POSITIVE SCHOOL ENVIRONMENT
- TO CREATE A SENSE OF SELF-WORTH AND BELONGING SO THAT ALL CHILDREN CAN GROW ACADEMICALLY
- TO PREVENT, RATHER THAN TREAT PROBLEMS
- TO HELP CHILDREN DEAL WITH ISSUES SUCH AS CHANGING FAMILIES, VIOLENCE, BULLYING, AND OTHER SOCIAL AND ACADEMIC ANXIETIES IN A POSITIVE WAY

## WHAT DOES THE SCHOOL COUNSELOR DO?

- CONDUCT CLASSROOM GUIDANCE LESSONS
- WORKS WITH CHILDREN INDIVIDUALLY OR IN GROUPS
- HELPS ORIENT NEW STUDENTS TO THE BUILDING
- WORKS WITH PARENTS AND STAFF
- UTILIZES COMMUNITY RESOURCES



## WHO DOES THE COUNSELOR HELP?

### CHILDREN:

- BUILD SELF-CONFIDENCE AND SELF-ESTEEM
- RECOGNIZE THEIR STRENGTHS AND WEAKNESSES
- IMPROVE THEIR SCHOOL EXPERIENCES
- LEARN DECISION-MAKING SKILLS
- DEAL WITH CONCERNS, FEELINGS, AND GOALS
- BETTER UNDERSTAND THEMSELVES AND OTHERS
- ESTABLISH AND MAINTAIN HEALTHY RELATIONSHIPS
- GAIN VALUABLE CITIZENSHIP SKILLS
- LEARN SELF-RESPECT AND DIGNITY

### PARENTS:

- LEARN ABOUT THEIR CHILD'S LIMITATIONS
- APPRECIATE THEIR CHILD'S ABILITIES, LIMITATIONS AND PROGRESS
- HELP THEIR CHILD COPE WITH A CRISES IN THE FAMILY
- HELP THEIR CHILD DEVELOP STRONG EMOTIONAL AND SOCIAL SKILLS.
- INCREASE KNOWLEDGE AND SKILLS BY SHARING INFORMATION

### SCHOOL PERSONNEL:

- ESTABLISH A POSITIVE LEARNING ENVIRONMENT
- IDENTIFY THE NEEDS OF STUDENTS AND COORDINATE APPROPRIATE SERVICES
- WORK WITH TEACHERS TO PROMOTE POSITIVE SOCIAL AND EMOTIONAL GROWTH
- INITIATE CLASSROOM COUNSELING ACTIVITIES THAT PROMOTE UNDERSTANDING OF SELF AND OTHERS

## PROFESSIONAL SCHOOL COUNSELORS HELP CHILDREN WITH DEVELOPMENT IN:

### ACADEMIC:

- CLASSROOM SUPPORT
- GOAL SETTING
- TRANSITION
- STUDY SKILLS AND ORGANIZATION
- IDENTIFYING STRENGTHS AND AREAS OF GROWTH

### CAREER:

- EDUCATION ON JOB CLUSTERS
- INTERESTS/SKILLS SURVEY
- CAREER EXPLORER UNIT
- LIFE SKILLS

### PERSONAL & SOCIAL SKILLS:

- CHARACTER PILLARS
- RESPECT OF SELF AND OTHERS
- INTERPERSONAL SKILLS
- COPING SKILLS
- PROBLEM SOLVING SKILLS
- STRENGTHS AND RESILIENCY
- BULLYING/HARASSMENT
- PREVENTION

